

UNWRAP YOUR TEEN'S GIFTS

AN INTERACTIVE WORKSHOP: BUILD SKILLS THAT INCREASE YOUR FAMILY'S HAPPINESS

Christine Duvivier studied the strengths and gifts of teens who are not top students while pursuing a master's degree in positive psychology at University of Pennsylvania. Her work uncovers exciting opportunities-and damaging myths-in our approach to educating both high and low performers. She encourages parents and leaders to question our models, look beyond grades and understand what will have the greatest positive effect on our teens' lives. Christine is renowned speaker and coach for leading positive change. Topics include "What's Right With My Teen™" and "Strengthening Teen Optimism™".



www.positiveleaders.com

Edward (Ned) Hallowell, MD., founder of the Hallowell Centers for

Cognitive and Emotional Health, Sudbury, Ma. and New York City, is a child and adult psychiatrist. Dr. Hallowell has spoken to thousands on topics such as ADD,

strategies on handling your fast-paced life, and the childhood roots of happiness in life. His media appearances include, 20/20, Oprah, 60 minutes, The Today Show, The New York Times, Newsweek and more. He has authored 14 books, including the National bestseller, *Driven To Distraction* and the groundbreaking *Childhood Roots of Adult Happiness*.

www.drhallowell.com



Middle schools and high schools have become academic pressure cookers and our kids are feeling the stress. The epidemic of anxiety and depression is at an all time high---but it doesn't need to be this way! Ned and Christine's mission is to educate parents on what matters most and provide you in-depth skills to help your teen achieve the richest life satisfaction.

TOPICS**How To Ensure Success In Your Children's Future**

Learn to identify and accentuate unique gifts and signature strengths that will allow your teen to flourish. De-stress the college process, learn the options insiders know and you may not.

How To Get The Most Of Your Children's Education

Avoid 3 common traps that harm all students. Understand why average and below average students end up living rich lives. Learn how to increase optimism, enhance resilience and stop teaching depression.

Game Plan For Parents

Understand how to cope as a parent and to help your teen in this crazy, busy, modern life. Develop your customized game plan.

How To Be The Parent You Want To Be

The Childhood Roots of Adult Happiness. Learn the 5 steps to raising children with healthy self-esteem.

DATE

Date: Saturday, April 11, 2009

Time: 9:00AM-1:00PM

Location: Bentley College, Waltham, Ma

Fee: \$125.00

Registration: www.positiveleaders.com

For Questions or more information email:
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